



VM Travel

A JOURNEY FOR BODY, MIND
AND SPIRIT

5 DAYS / 4 NIGHTS
INSPIRATIONAL WELLNESS
ITINERARY

EUGANEAN HILLS: WELLNESS, WINE AND QUIET BEAUTY

A RESTORATIVE JOURNEY THROUGH THE GENTLE LANDSCAPES OF THE EUGANEAN HILLS, WHERE NATURE, HISTORY AND THERMAL TRADITIONS CREATE A RARE HARMONY BETWEEN WELL-BEING AND DISCOVERY. FROM THE SPIRITUAL HERITAGE OF PADOVA TO THE HEALING WATERS OF ABANO TERME, AND THE VINEYARDS THAT PRODUCE THE ELEGANT SERPRINO, THIS ITINERARY IS DESIGNED TO NOURISH THE BODY, CALM THE MIND AND UPLIFT THE SPIRIT.

VM TRAVEL SRLS

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PADOVA – A CITY OF SPIRIT AND REFLECTION

THE JOURNEY BEGINS IN PADUA, A CITY WHERE SPIRITUALITY, ART AND SCHOLARSHIP HAVE COEXISTED FOR CENTURIES. PILGRIMS AND TRAVELERS ALIKE VISIT THE BASILICA OF SAINT ANTHONY, A PLACE OF PRAYER AND DEVOTION THAT RADIATES CALM AND REVERENCE. STROLLING THROUGH PADUA'S HISTORIC STREETS INVITES A GENTLE SLOWING DOWN — THE FIRST STEP OF THE JOURNEY TOWARD BALANCE.

ABANO TERME – THE HEALING WATERS

JUST A SHORT DISTANCE AWAY, ABANO TERME WELCOMES GUESTS WITH A LONG TRADITION OF THERMAL WELLNESS DATING BACK TO ROMAN TIMES. STAYING IN AN ELEGANT SPA RETREAT, THE EXPERIENCE UNFOLDS THROUGH THERMAL POOLS, MINERAL-RICH MUD TREATMENTS AND MOMENTS OF DEEP RELAXATION. HERE, WATER BECOMES MEDICINE, AND TIME FOLLOWS A SLOWER RHYTHM.

COLLI EUGANEI – NATURE AND SILENCE

THE VOLCANIC HILLS OF THE EUGANEAN LANDSCAPE OFFER A NATURAL SANCTUARY. GENTLE WALKS, PANORAMIC VIEWPOINTS AND QUIET MONASTERIES INVITE CONTEMPLATION AND RECONNECTION WITH NATURE. THE SCENERY FEELS INTIMATE AND BALANCED — A PLACE WHERE BODY AND SPIRIT NATURALLY REALIGN.

SERPRINO – THE SPARKLING SOUL OF THE HILLS

AMONG THE VINEYARDS OF THE EUGANEAN HILLS, GUESTS DISCOVER SERPRINO, A REFINED SPARKLING WINE BORN FROM VOLCANIC SOILS. LOCAL TRADITION AFFECTIONATELY CALLS IT THE “CHAMPAGNE OF ITALY”, A NICKNAME SAID TO DATE BACK TO NAPOLEON BONAPARTE, WHO REPORTEDLY PRAISED ITS LIVELY FRESHNESS DURING HIS PASSAGE THROUGH THE REGION. A CURATED TASTING EXPERIENCE CONNECTS WINE, LANDSCAPE AND HISTORY IN A MOMENT OF CONVIVIAL ELEGANCE.



BEST TIME TO VISIT

SPRING AND EARLY AUTUMN, WHEN VINEYARDS ARE VIBRANT, TEMPERATURES ARE GENTLE AND THE EUGANEAN HILLS REVEAL THEIR MOST HARMONIOUS RHYTHM.



IDEAL FOR

- WELLNESS AND SLOW-TRAVEL ENTHUSIASTS
- COUPLES SEEKING RESTORATIVE ESCAPES
- TRAVELERS INTERESTED IN COMBINING SPIRITUALITY, NATURE AND GASTRONOMY



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